

HopeWay’s Adult Residential Program vs. Acute Inpatient Hospitalization

HopeWay is not an inpatient hospital. Here’s how these two levels of care differ.

Acute Inpatient Hospitalization

VS

HOPEWAY’S
Adult Residential Program

WHO IT’S FOR

People who are actively suicidal or homicidal, or whose symptoms make them unsafe in daily life

Adults 18+ whose mental health has affected their success in school, work and life, but who are not an immediate danger to themselves or others

PRIMARY GOAL

Crisis stabilization and immediate safety

Building skills, insight and routines for lasting recovery and a successful return to daily life

LENGTH OF STAY

Short term, typically 3–7 days

About 30 days on average, based on each person’s clinical needs

ADMISSION

Can be voluntary or involuntary

Always voluntary; clients choose to be here and take an active role in their treatment plan

SETTING

Locked, secure hospital unit

Unlocked, home-like wooded campus in South Charlotte with private bedrooms and en suite baths

CLINICAL CARE

24/7 medical and psychiatric care focused on managing the crisis

24/7 care, plus weekly one-on-one sessions with a board-certified psychiatrist and a licensed therapist

A TYPICAL DAY

Centered on assessment, medication and safety

Full-day group therapy (CBT, DBT and more) plus integrative therapies like art, music, horticulture, recreation and mindfulness

CONNECTION

Brief stay focused on safety and stabilization

A supportive peer community, plus weekend time for rest, reflection and visits from loved ones

WHAT COMES NEXT

Discharge once stable, often with a referral to a lower level of care

A personalized treatment plan and when appropriate, the option to step down to HopeWay’s Partial Hospitalization (PHP) and Intensive Outpatient (IOP) programs